

CARE TRUST

2024-2025



An initiative to forge a better world for everyone

From the Founder



Priyanka Vinod Bhoyar
FOUNDER

As a founding member of CARE TRUST, I am honored to share our mission and impact with the community. Established in 2020, CARE TRUST is a non-profit organization dedicated to empowering women and children in our city.

Our core objective is to provide access to essential resources and support services that enable women and children to thrive. This includes vocational training, entrepreneurship programs, childcare assistance, and access to healthcare. Through these initiatives, we strive to break the cycle of poverty and give marginalized individuals the tools they need to achieve economic independence and self-sufficiency.

In the past 2 years, CARE TRUST has positively transformed the lives of over 500 women and children in our city. Our programs have helped women start small businesses, learn soft skills, become aware of women's hygiene, and attained literacy. We have also established several free childcare centers to support working mothers and ensure children receive quality early education.

Moving forward, we aim to expand our reach and deepen our impact. With the support of our community, we are confident that together we can create a more equitable and prosperous future for the women and children of our city. I invite you to join us in this important mission.



#BeyondCare

DIRECTOR'S NOTE

Anshuma Singh



As Director Operations, I keep tackling strange kind of questions from people around. In this note, on the memorable event of Magazine launch, I would like to touch upon kind of initiatives that individuals can contribute to the initiatives of CARE TRUST in the following ways:

Volunteering: CARE TRUST is always in need of dedicated volunteers to help with a variety of tasks, from teaching vocational skills and providing childcare to assisting with administrative duties and outreach efforts. Volunteers can donate their time and talents to directly support the women and children in our programs.

Financial Donations: As a non-profit organization, CARE TRUST relies on the generosity of donors to fund its core programs and services. Individuals can make one-time or recurring monetary contributions, which will go towards providing essential resources, training, and support to the communities we serve.

In-Kind Donations: In addition to financial support, CARE TRUST also welcomes in-kind donations such as food, clothing, school supplies, and other necessities. These donations help us supplement the material needs of the women and children in our programs.

Advocacy and Awareness: Individuals can also contribute by spreading awareness about CARE TRUST's mission and the importance of women and child empowerment in our community. This can involve sharing our initiatives on social media, attending or hosting fundraising events, and encouraging others to get involved.

Corporate Partnerships: Businesses and corporations can partner with CARE TRUST through sponsorships, employee volunteer programs, or by incorporating our initiatives into their corporate social responsibility efforts.

By participating in these various ways, individuals can play a meaningful role in advancing the work of CARE TRUST and creating lasting change in the lives of women and children in our city. Every contribution, no matter how big or small, makes a difference.





EMPOWERING MINDS, CHANGING LIVES

AAAt Care Trust, we believe that education is not just a right—it's a powerful tool for breaking the cycle of poverty. Our Study Assistance and Tuition Classes are designed to support underprivileged children who often fall behind due to a lack of resources, guidance, or a stable learning environment.

Through regular after-school sessions, our dedicated team of educators and volunteers provide academic help in core subjects like Mathematics, Science, and Languages. We tailor our approach to each child's individual needs, ensuring that no one is left behind. From homework support and test preparation to improving reading and writing skills, we focus on strengthening both knowledge and confidence.

These classes are more than just academic support—they are safe spaces where children are encouraged to ask questions, express themselves, and discover their potential. With consistent mentorship and emotional support, we aim to create not just better students, but brighter futures.



Equipping Young Minds for Success



“EDUCATION IS THE MOST POWERFUL WEAPON WHICH YOU CAN USE TO CHANGE THE WORLD.”

— NELSON MANDELA

In addition to academic guidance, Care Trust understands the importance of having the right tools to facilitate effective learning. Many children from underprivileged backgrounds attend classes without basic stationery, which can affect their ability to participate fully in lessons. To bridge this gap, we provide essential free stationery supplies such as notebooks, pens, pencils, erasers, sharpeners, rulers, and geometry kits. These are distributed regularly to ensure that no child is held back due to a lack of materials.

We also supply school bags, textbooks, and workbooks to support at-home learning and class preparedness. By removing the burden of these costs from families, we not only ease financial pressure but also promote a sense of equality and inclusion among students. Having their own school supplies gives children a sense of ownership and pride, motivating them to take their education seriously. At Care Trust, we believe that small tools can make a big difference—and every child deserves a fair start.



Respecting Wisdom, Rekindling Purpose

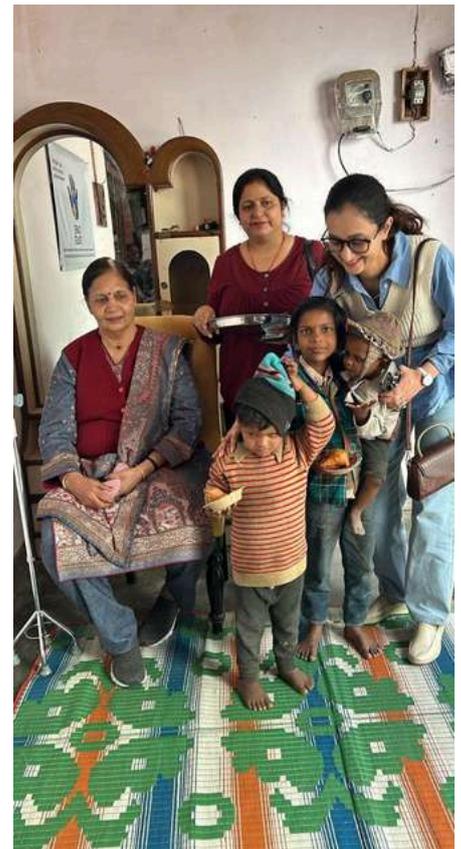


**“YOU ARE NEVER TOO OLD TO SET ANOTHER GOAL OR TO DREAM
A NEW DREAM.”**

— C.S. LEWIS

At Care Trust, we believe that age should never be a barrier to feeling valued, purposeful, and connected. Our programs for senior citizens are designed to engage elderly individuals in meaningful ways, helping them stay mentally active, emotionally fulfilled, and socially connected. We organize a variety of activities such as storytelling sessions, community gatherings, health check-up camps, cultural events, and skill-sharing workshops where their experience and wisdom are not only welcomed but celebrated.

Many of our elderly participants also contribute through acts of service, such as mentoring young children, helping with light administrative tasks, or supporting food and ration distribution for the needy. These opportunities allow them to stay involved and give back to the community in ways that match their interests and abilities. By creating an inclusive environment where the elderly are respected and engaged, Care Trust helps rekindle their sense of purpose, dignity, and joy in the golden years of life.





Fun in the Sun: Energizing Bodies, Uplifting Spirits

At Care Trust, we believe that holistic development goes beyond classroom learning. Our "Fun in the Sun" classes are specially designed to promote physical fitness, mental well-being, and joyful community bonding for children and youth. Held in open spaces and local parks, these sessions combine the excitement of outdoor games with the benefits of guided exercise, meditation, and Zumba. From team sports and relay races to yoga stretches and dance workouts, our program encourages kids to move, play, and thrive in a healthy environment.

These outdoor activities not only build physical strength and coordination but also instill values like teamwork, discipline, and self-confidence. Starting with calming meditation and ending on a high-energy note with Zumba, each session is a perfect blend of mindfulness and movement. For many of the children we serve, these classes are a refreshing escape from cramped living conditions and sedentary routines—offering a much-needed boost to both body and mind.



EXERCISE IS A CELEBRATION OF WHAT YOUR BODY CAN DO, NOT A PUNISHMENT FOR WHAT YOU ATE.

What makes our Fun in the Sun sessions truly special is the focus on exercise through fun and play. We believe that physical activity shouldn't feel like a chore—it should be something children look forward to. By incorporating playful elements into fitness routines, such as obstacle courses, tug-of-war, hopscotch, and dance-based games, we make movement exciting and enjoyable. This approach not only improves cardiovascular health, flexibility, and motor skills, but also helps release stress and boost mood. Through laughter, movement, and shared experiences, children develop a love for staying active—something that benefits them far beyond the playground.



Opening Doors to Education: Admissions at BR Public School, Noida



At Care Trust, we are proud to share a significant milestone in our mission to provide quality education to underprivileged children. Through our partnerships and relentless efforts, we have successfully secured admissions for 18 children at BR Public School, Noida, offering them a chance to experience the transformative power of education. These children, who come from families with limited resources, now have access to a curriculum that encourages creativity, critical thinking, and academic excellence—opportunities they may not have otherwise had.

This achievement is just the beginning. The list of children waiting for a chance to enroll continues to grow, as more families seek the support they need to give their children the gift of education. Care Trust remains committed to breaking down financial and social barriers, ensuring that every child, regardless of background, has the opportunity to learn, grow, and reach their full potential. We are excited to continue expanding this program and helping more children step into classrooms where they can build a brighter future.



Filling Plates, Nourishing Lives

At Care Trust, we believe that no one should have to go to bed hungry. Our Food Donation Drive is a crucial initiative aimed at providing nutritious meals to those in need. Through the generosity of donors, we collect and distribute food to underprivileged families, the homeless, and marginalized communities. Whether it's rice, lentils, vegetables, or ready-to-eat meals, we ensure that essential nutrition reaches those who are struggling to meet their basic needs.

This drive not only addresses hunger but also brings the community together, fostering a spirit of care and compassion. Every donation, big or small, contributes to creating a more caring and supportive society for all.



Celebrating life together



At Care Trust, we believe in fostering a sense of community and unity, celebrating all festivals together—regardless of background or faith. These joyous occasions bring our members closer, with shared meals, cultural performances, and heartfelt traditions that create lasting memories and bonds.



Greening Pilani: Our Plantation Drive for a Sustainable Future

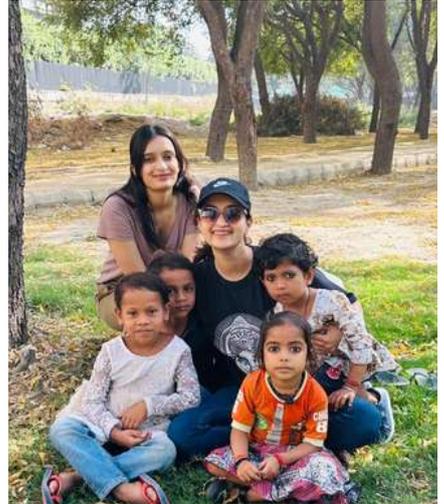
At Care Trust, we are passionate about protecting the environment and promoting sustainable living. Our Plantation Drive in Pilani, Rajasthan, is one of our key initiatives to combat climate change and improve the local environment. This project brings together volunteers, local residents, and community leaders to plant trees in public spaces, schools, and residential areas, transforming the landscape and providing long-term environmental benefits.

The drive focuses on planting native species that are well-suited to the region's climate, ensuring the trees thrive and contribute to biodiversity. Each tree planted helps reduce pollution, improve air quality, and provide shade, all while fostering a greener, more beautiful community. Our volunteers, including children and adults alike, are encouraged to participate in this hands-on experience, learning about the importance of trees and the environment.

Beyond environmental benefits, the plantation drive fosters a sense of responsibility and unity within the community. It's not just about planting trees—it's about planting hope for a healthier, more sustainable future. With every sapling, we are creating a lasting impact on the environment and inspiring future generations to care for their surroundings.



Heartwork in Pictures



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